

## INTRODUCTION

Enhance by Mediclinic - your premium aesthetic and wellness destination.

Our expert team works synergistically to create a bespoke and customised plan to address your individual needs.

### **Our services:**

- Aesthetic dermatology
- Aesthetic dentistry
- Aesthetic gynaecology
- Plastic surgery
- Facials
- Anti-ageing laser technologies
- Laser hair removal
- Body contouring
- IV Infusions
- Lifestyle medicine
- Men's wellness

Let Enhance be your trusted partner in your transformation journey.





## A JOURNEY TO REMEMBER

On arrival, be prepared to indulge in a unique sensory and visual experience.

Entering the atrium, you will marvel at the beauty of nature encompassed within a vast organic space.

Enhance has its own signature scent to create a calm and tranquil environment in which our clients can be nurtured and cared for.

## DERMATOLOGY AND SKIN SCIENCE

A radiant, even complexion is the foundation of all other aesthetic procedures.

The skin is the largest organ of the body, needing special attention and care. A dermatologist is concerned with the diagnosis and treatment of diseases associated with the skin, hair and nails.

Dermatologists and skincare professionals combine their expertise to repair and maintain the skin of the face and body.

Optimum results require a series of treatments, with intervals of two to four weeks. The secret is time.

### **Visia Skin Complexion Analysis**

*AED 500 or complimentary with a facial treatment*

This sophisticated imaging device is used to analyse the epidermis and dermis. It measures pores, lines, wrinkles, texture, redness, UV damage and brown spots.

Most importantly, it compares your actual age to your skin's age. This technology allows us to create your bespoke treatment plan and physically measure improvement over time.





### **Carbon Peeling**

*AED 900*

A carbon laser facial (Hollywood facial) is a non-ablative laser skin treatment that uses carbon to quickly and painlessly exfoliate, cleanse, clear and tighten pores, and brighten and even-out skin tone. This laser stimulates collagen production to rejuvenate your skin and create a smooth, plump, radiant complexion.

### **Chemical Peels**

*AED 800 to 1500*

Superficial and medium depth peels containing glycolic acid, salicylic acid, lactic acid and TCA, to mention but a few, repair damaged skin cells, lighten hyper pigmentation and sun damage, control acne and oily skin, improve hydration and dryness, and speed up cellular turnover to target dull uneven skin. Peels are extremely safe and effective for all skin types and conditions, even the most sensitive. The correct chemical peel will be selected based on your concerns.





### **Mesotherapy**

*From AED 1600*

Mesotherapy is a technique that uses injections of vitamins, enzymes, growth factors and plant extracts to rejuvenate and tighten skin. It offers an immediate boost to dull, tired looking skin. It can also be used to address hyperpigmentation (darkening of skin), stimulate hair growth and even dissolve excess fat.

### **Platelet Rich Plasma (PRP)**

*AED 2000 per area*

PRP uses your body's own growth factors to repair and stimulate stem cells. It acts as a "fertiliser" to boost your skin's natural healing power to improve skin quality, texture, scarring, hydration and overall health. Although PRP is commonly used on the face, neck and chest, it can be used top to toe. Gynaecologists and urologists use PRP for intimate wellness in women and men too.



## LASER IS THE MOST POWERFUL FORM OF LIGHT

For many years, laser technology has proven its effectiveness in dealing with unwanted hair on the skin. At Enhance by Mediclinic our clinical team has carefully selected top laser technologies that go beyond simple laser hair reduction, and help your skin reverse ageing, enhance skin quality, diminish sunspots and other pigmented lesions, manage increased vascularity and much more.

### **Laser Hair Removal**

*AED 300 to 2800 (depending on treated areas)*

Achieve permanent hair reduction by using the correct laser (Alexandrite/ND:Yag/Dioide) to destroy the hair follicle, safely and effectively on all skin types. This is ideal for men and women who suffer from ingrown hairs on the face and body.

### **Other forms of Hair Removal including Bleaching and Electrolysis**

*From AED 200*

### **Laser Tattoo Removal**

*From AED 1500*

Using the latest technology, Picosure laser, we are able to treat a variety of ink colours, with fewer treatments.

### **Laser Removal of Pigmented Lesions**

*From AED 1500*

Using Picosure laser, this targets the pigment of sun spots, freckles, uneven complexion, Nevus of Ota and café au lait birthmarks

### **Anti-Ageing**

*AED 3000 to 4000*

Fotona is a revolutionary non-surgical procedure, offering skin rejuvenation (face, neck, chest and hands) without any surgery. Fotona 4D Facelift is a specialist treatment that works effectively against signs of ageing, such as sagging, fine lines and wrinkles. Additionally, Fotona technology can also be used to increase volume in lips and the restore lip contour.

### **Photo-Ageing Solution**

*From AED 1500*

Intense pulsed light (IPL) is highly effective in reducing the appearance of sun spots, sun damage, broken capillaries, elastosis, fine lines and enlarged pores. The heat produced by IPL also serves as an excellent anti-ageing treatment for face and body.

### **Laser Skin Resurfacing**

*AED 1500 to 3000*

CO<sup>2</sup> fractional laser is the most effective method to resurface the skin and is ideal for pitted acne scars, severe sun damage, deep lines and wrinkles (especially around the mouth and eyes).



## PLASTIC SURGERY

### NON SURGICAL FACIAL CONTOURING

#### **Botox (Botulinum toxin)**

*From AED 55 per unit*

Botox will minimise the appearance of lines and wrinkles caused by facial expressions (smiling and frowning).

#### **Fillers**

*From AED 2000*

Hyaluronic acid dermal fillers add volume and re-define the face, including the lower eye, lips, nose, chin and temples. Our hands also naturally lose subcutaneous fat and show our real age. Fillers are used to support the skin structure to create a smoother, fuller and youthful appearance. Body contouring fillers are available too.

#### **Thread Lift**

*From AED 2000*

A thread lift is a minimally invasive procedure to shape and define your loose facial skin for an overall face lifting effect.



### **Skin Boosters**

*AED 2000*

Profhilo is a revolutionary injectable skin booster to deeply hydrate the skin, return volume and firmness, and improve skin structure by remodelling collagen and elastin. It is ideal for treating the face, neck, chest and hands.

### **Morpheus8 (Microneedling & Radiofrequency)**

*From AED 2500*

Morpheus8 is a safe and effective treatment using deep radiofrequency micro needling technology to remodel collagen in the subdermal layers of the skin and tissue. This is ideal for someone who is not ready for surgery, but needs tightening and definition of the entire face (including jawline, cheeks, lower eyelids) and neck. Due to its tightening properties, the appearance of acne scars, deep facial creases and even stretch marks and old surgical scars on the body, can be improved.





### **Body Tite**

*AED 10000*

Body Tite is a minimally invasive procedure for clients who want to contour, tone and define their bodies by melting excess fat to achieve a sculpted figure with reduced downtime and no visible scarring.

### **Onda Cool Waves**

*From AED 600 to 1500*

Cool Waves uses unique microwave technology that gently and selectively targets fat cells whilst tightening, toning and reshaping the body in a safe, effective and non-invasive way.

### **Emsculpt Neo**

*From AED 2400 to 3000*

This treatment simultaneously helps with fat reduction, body contouring and improving muscle tone.

A 30-minute session is equivalent to performing 20,000 abdominal crunches. This treatment is a great way to build your core strength and reduce your abdominal waist size and build muscle in other areas that can be treated such as the buttocks, biceps and back fat.

### **Exilis Body Contouring**

*From AED 500 to 1500*

Exilis Ultra 360 is a monopolar device offering a non-invasive treatment to simultaneously combine radio frequency and ultrasound energy to produce new collagen and tighten skin. Our BTL Exilis is great for fine lines, wrinkles and skin laxity anywhere on the body, from head to toe.

### **NuEra Tight**

*From AED 500 to 1500*

NuEra Tight is a head-to-toe contouring and skin smoothing technology. It is a non-invasive radiofrequency technology system that delivers fast, effective and safe skin tightening treatments for a variety of conditions from skin laxity and unwanted fat to cellulite and wrinkle reduction.



## **VAGINAL TIGHTENING**

### **Radio frequency Exilis**

*From AED 1000*

A solution to tighten the vagina, treat stress urinary incontinence, boost sexual satisfaction and to improve the overall appearance of intimate area.

### **BTL Emsella Chair**

*Packages from AED 2500 to AED 5000*

A breakthrough pelvic floor physiotherapy treatment for urinary stress incontinence, menopausal symptoms and post-delivery care.

### **Platelet Rich Plasma (PRP) Treatments**

A treatment using a woman's own platelet rich plasma (PRP) from a simple blood draw, to rejuvenate vaginal tissues and enhance sexual pleasure.

### **O-Shot**

*AED 3000*

Rejuvenates and revitalises vaginal function to improve orgasms.

### **G-Shot**

*AED 3000*

Enhance your G spot sensitivity for better intimate stimulation.

### **Treatments for Uneven Skin Tone**

Treatments to lighten and improve the skin texture of the intimate areas.

- Vaginal brightening - From AED 1500
- Anal bleaching - From AED 1500

## MEN'S WELLNESS

On a functional level, men may start feeling pain and discomfort in the genital area, may have an abnormal discharge, urination urgency or sexual and erectile dysfunction (ejaculation problem, orgasm disorder, low libido) which can negatively affect their sex life and lead to mental stress. In such cases, it is recommended to consult with a doctor.

When it comes to men's cosmetic appearance, it is perfectly normal to want to look your best, perform at your best and feel the most vibrant you can. Everyone, regardless of gender, is searching for that fountain of youth, and there has been an increase in demand for male enhancement.

### Functional and aesthetic procedures for men's wellness include:

- Shockwave therapy
- Penal enlargement
- PRP (P-shot)
- Fillers
- Penal Doppler ultrasound



## LIFESTYLE MEDICINE

### IV INFUSIONS

*From AED 2000*

IV drips are an effective way to get all the nutrients, vitamins, minerals and amino acids that your body needs.

- Stress Be Gone (anti-stress drip)
- BOOM Fusion (immune boost drip)
- Men Power Drip (energy booster drip)
- DETOX & Rejuvenate (liver cleanse drip)
- Happy Gut (gut health cleanse drip)
- Good Hair Day (anti hair loss drip)
- Like A Boss Lady (multi-vitamin women's drip)
- Age Unwind (anti-ageing vitamins drip)
- GLOW UP (customised skin glow amino acids drip)
- Slim & Fit (weight loss drip)
- Back On Track (post-surgery recovery drip)
- Feel The Burn! (fat burning drip)
- Protein Add On+ (amino acids plus drip)
- BURN BABY BURN (fat burning plus)
- BEST PERFORMANCE (amino blend drip recommended for gym junkies)
- LOOK & FEEL YOUR BEST! (MIC- ILV-MICH and CO Q10 drips to increase metabolism and energy, slow down ageing process )





## HAIR RESTORATION

There are many reasons why men and women experience hair loss, including stress, overactive thyroid and genetics. It is important to determine the cause before a doctor prescribes various treatment options such as:

**Platelet rich plasma (PRP)**

*AED 2500*

**Microneedling**

*AED 900 to 1800*

**IV infusions**

*From AED 2000*





# INFORMATION

## Doctors

Scan the QR code for more information about our doctors.



## Enhance Hospitality

On arrival, you will be welcomed by an Enhance Senior Client Liaison. She will take you through to the atrium to relax and sip infused detox water before starting your treatment.

Afterwards, we invite you to enjoy the serenity of our relaxation coves where you will be offered a beverage (fresh smoothies, juices, tea or coffee) and some healthy organic treats.

## Retail

To achieve the best results and maintain healthy skin, home care and sun protection are vital. Enhance stocks a range of skin care products to suit your individual concerns and conditions.

## Arrival

Please arrive 20 minutes before your appointment.

## Cancellation Policy

If you would like to re-schedule or cancel your appointment, please provide 24 hours' notice.

## Gift Vouchers

Gift vouchers are available to purchase.

## Packages

Package prices are available for all treatments. Email [enhance@mediclinic.ae](mailto:enhance@mediclinic.ae), Whatsapp 050 680 8474 or speak to a Senior Client Liaison in the clinic to find out more and customise your own package. All prices are exclusive of VAT.

## Contact us

800 ENHANCE (364 2623)

[Enhance@Mediclinic.ae](mailto:Enhance@Mediclinic.ae)

Whatsapp:



## Location

The Dubai Mall, Perfumery & Co - Second floor  
Parking P7, Fashion Parking, The Dubai Mall

## Clinic timings

Monday to Friday: 9am to 10pm

Saturday and Sunday: 10am to 10pm